










MAY 2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>ALL ACTIVITIES ARE SUBJECT TO CHANGE</p> <p>PLEASE CHECK THE ACTIVITY BOARD DAILY</p>	<p>Location Navigation</p> <p>WC = WELLNESS CENTRE (Exercise Room)</p> <p>AR = ACTIVITY ROOM (TV Room)</p> <p>CH = CHAPEL (Second Floor)</p> <p>LOB = LOBBY</p>	<p>LEGEN</p> <p>TV Series/Movies/Music</p> <p>Exercise</p> <p>Outside Service</p> <p>Resident Run</p> <p>Special Activity</p> <p>Entertainment</p> <p>Birthdays</p>	<p>9:00 Documentary Morning AR</p> <p>10:00 Exercise</p> <p>10:30 Name That Tune AR</p> <p>1:30 Music Afternoon AR</p> <p>3:00 Knitting with Nancy AR</p>	<p>9:30 TV Series- Downton Abbey AR</p> <p>10:30 Exercise WC</p> <p>1:30 \$0.25 BINGO WC</p> <p>2:45 Crosswords AR</p> <p>Happy Birthday Bev S. & Mary Z!</p>	<p>9:30 Exercise WC</p> <p>10:00 Special Movie Screening Part 1: The Godfather AR</p> <p>1:30 Special Movie Screening Part 2: The Godfather AR</p> 	<p>1:15 \$0.25 BINGO WC</p> <p>2:30 Documentary AR</p>
<p>1:15 Matinee Movie AR</p>	<p>10:00 Exercise WC</p> <p>10:30 TV Series- Virgin River AR</p> <p>2:00 Entertainment with Jimmy the Crooner</p>	<p>9:30 TV Series- Heartland AR</p> <p>10:30 VON Exercise WC</p> <p>11:00 Tuck Cart Open LOB</p> <p>1:30 \$0.25 BINGO WC</p> <p>2:45 Trivia AR</p>	<p>9:00 Library Visit AR</p> <p>9:00 Documentary Morning AR</p> <p>10:00 Exercise WC</p> <p>10:30 Name That Tune AR</p> <p>11-3 Mobile Senior Shop Vendor</p> <p>1:00 Matinee Movie</p> <p>3:00 Knitting with Nancy AR</p> <p>Happy Birthday Marilyn VD!</p>	<p>9:30 TV Series- Downton Abbey AR</p> <p>10:30 VON Exercise WC</p> <p>1:30 \$0.25 BINGO WC</p> <p>2:45 Crosswords AR</p> <p>3:00 Church Service with Pastor Tim CH</p>	<p>10:00 Exercise WC</p> <p>10:30 TV Series- When Hope Calls AR</p> <p>2:00 Mother's Day Tea AR</p> 	
	<p>10:00 Exercise WC</p> <p>10:30 TV Series- Virgin River AR</p> <p>1:00 Hear Well Be Well AR</p> <p>2:00 Church Service with Trinity United Church</p>	<p>9:30 TV Series- Heartland AR</p> <p>10:30 Exercise WC</p> <p>11:00 Tuck Cart Open LOB</p> <p>1:00 \$0.25 BINGO (Shortened: 40 mins) WC</p> <p>2:00 Entertainment with the Elderberries</p> <p>3:15 Trivia AR</p> <p>Happy Birthday Betty H!</p>	<p>9:00 Documentary Morning AR</p> <p>10:00 Exercise WC</p> <p>10:30 Name That Tune AR</p> <p>1:30 Music Afternoon AR</p> <p>3:00 Knitting with Nancy AR</p>	<p>9:30 TV Series- Downton Abbey AR</p> <p>10:30 Exercise WC</p> <p>1:30 \$0.25 BINGO WC</p> <p>2:45 Crosswords AR</p>	<p>10:00 Exercise WC</p> <p>10:30 TV Series- When Hope Calls AR</p> <p>2:00 Victoria Day Social WC</p> 	
		<p>9:30 TV Series- Heartland AR</p> <p>10:30 VON Exercise WC</p> <p>11:00 Tuck Cart Open LOB</p> <p>1:30 \$0.25 BINGO WC</p> <p>2:45 Trivia AR</p> <p>Happy Birthday Ursula B!</p>	<p>9:00 Documentary Morning AR</p> <p>10:00 Exercise AR</p> <p>10:30 Name That Tune AR</p> <p>1:30 Music Afternoon AR</p> <p>3:00 Knitting with Nancy AR</p>	<p>9:30 TV Series- Downton Abbey AR</p> <p>10:30 VON Exercise WC</p> <p>1:00 \$0.25 BINGO (Shortened: 40 mins) WC</p> <p>2:00 Entertainment with Bill Dickinson</p> 	<p>10:00 Exercise WC</p> <p>10:30 TV Series- When Hope Calls AR</p> <p>2:00 Armchair Travel WC</p>	<p>1:15 \$0.25 BINGO WC</p> <p>2:30 Documentary AR</p>
<p>1:15 Matinee Movie AR</p>	<p>10:00 Exercise WC</p> <p>10:30 TV Series-Virgin River AR</p> <p>1:30 Church Service with Pastor Tim CH</p> <p>2:30 Classic TV Afternoon AR</p> <p>Happy Birthday Colin B!</p>	<p>9:30 TV Series- Heartland AR</p> <p>10:30 Exercise WC</p> <p>11:00 Tuck Cart Open LOB</p> <p>1:30 \$0.25 BINGO WC</p> <p>2:45 Trivia AR</p>	<p>9:00 Documentary Morning AR</p> <p>10:00 Exercise AR</p> <p>10:30 Name That Tune AR</p> <p>1:30 Church Service CH</p> <p>3:00 Knitting with Nancy AR</p>	<p>9:30 TV Series- Downton Abbey AR</p> <p>10:30 Exercise WC</p> <p>1:30 \$0.25 BINGO WC</p> <p>2:45 Crosswords</p> <p>Happy Birthday Ginny Z!</p>	<p>10:00 Exercise WC</p> <p>10:30 TV Series- When Hope Calls AR</p> <p>2:00 Birthday Social WC</p> 