


MARCH 2024 MENU

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|--|---|---|--|---|---|--|
| All Meals Are Subject to Change Last Minute |  | | | | Soup: Cream of Mushroom 2 Lunch: Fish nuggets w/ coleslaw and tartar OR Braised beef burrito Dinner: Shrimp and crab seafood quiche OR Ham steak and gravy | Soup: Vegetable Egg Drop 3 Lunch: Deli platter w/ devilled eggs, pickles, and cheese OR Chicken parmesan on a bun Dinner: Liver w/ onions and bacon OR Southern fried chicken drumsticks |
| Soup: Split Pea and Ham 4 Lunch: Smoked salmon eggs benedict OR Ham and Swiss on 12 grain Dinner: Slow roasted pot roast w/ gravy OR Lemon baked sole | Soup: Cream of Chicken 5 Lunch: Cheeseburger w/ L, T, P OR Turkey Bacon Club Wrap w/ Onion Rings Dinner: Beef Stew with Dinner Roll OR Teriyaki Shrimp & Crab Stir Fry with Steamed Rice | Soup: Cream of Tomato 6 Lunch: Grilled Cheese on White w/ Cheddar Biscuit OR Broccoli & Cheese Quiche w/ Macaroni Salad Dinner: Liver and Onions w/ Bacon OR Cabbage Rolls | Soup: Hearty Vegetable 7 Lunch: Beef chili w/ cheese & green onion & cheddar biscuit OR Pierogis w/ onions & bacon Dinner: Roast chicken legs w/ gravy OR Ham and pineapple dinner | Soup: Butternut squash 8 bisque Lunch: Pepperoni pizza OR Rueben sandwich w/ pickle & caesar salad Dinner: Beef lasagna w/ garlic bread OR British bangers w/ onions & gravy | Soup: French Onion 9 Lunch: Pub style fish & chips w/ lemon and tartar OR Toasted bagel w/ cream cheese & french fries Dinner: Applewood smoky BBQ ribs OR Chicken cordon bleu w/ buttered corn & baked potato | Soup: Beef Barley 10 Lunch: BBQ Wings w/ vegetable sticks & ranch OR Waldorf salad w/ light mayo & yogurt dressing Dinner: Chinese five spice pork OR Hot beef dinner w/ mixed vegetable and roasted red potatoes |
| Soup: Seafood Chowder 11 Lunch: Fruit & cheese platter w/ crackers & grapes OR Egg salad sandwich on 12 grain w/ fruit cup Dinner: Roast turkey w/ cranberry stuffing OR Sole Florentine w/ dill cream sauce, | Soup: Chef's Choice 12 Lunch: Tuna salad wrap w/ lettuce and mayo OR Monte Cristo on WW w/ ham, cheese & turkey Dinner: Bacon wrapped pork tenderloin w/ maple cranberry sauce OR Sweet & sour chicken balls w/ Szechwan vegetables & mushroom friend rice | Soup: French Canadian Pea 13 Lunch: Shrimp Caesar Salad OR Baked macaroni w/ bacon & garlic bread Dinner: Chicken cacciatore OR Beef Stroganoff w/ garden peas &. Buttered noodles | Soup: Leek and Potato 14 Lunch: Fruit salad w/ yogurt & muffin OR Bruschetta toast w/ feta & olives & garden salad Dinner: Beef meatloaf w/ gravy OR Oktoberfest Sausage w/ onion, sauerkraut & gravy w/ mixed vegetables & mashed potatoes | Soup: Minestrone 15 Lunch: Broccoli & Cheese Quiche OR Grilled cheese deluxe w/ bacon & tomato w/ garden salad Dinner: Breaded fish dinner OR Braised pork chops & apple sauce w/ cauliflower & baked potato | Soup: Carrot Ginger 16 Lunch: Fish nuggets w/ Lemon & Tartar OR Roast beef & swiss on rye Dinner: Deluxe pizza OR BBQ chicken wings w/ Caesar salad & garlic bread | Soup: Chicken Wonton 17 Lunch: Shrimp Spring Rolls w/ Plum Sauce OR Braised beef on a bun Dinner: Breaded chicken cutlet w/ gravy OR Poached salmon & dijon tarragon cream sauce |
| Soup: Cauliflower & cheese 18 Lunch: Pancakes w/ breakfast sausage OR Toasted western on WW Dinner: Roast beef OR Pork Schnitzel | Soup: Creamy Onion 19 Lunch: Beans & wieners w/ toast OR Open-faced smoked salmon sandwich w/ capers pickled onions & fruit cocktail Dinner: Swedish meatballs OR Sesame ginger chicken thighs w/ honey glazed carrots & steamed rice | Soup: Chicken Noodle 20 Lunch: Turkey Chili w/ cheddar herb corn muffin OR Chicken nuggets & plum sauce w/ French fries Dinner: Catch of the day w/ lemon & tartar OR Ham and cheese frittata w/ Brussel sprouts & parmesan noodles | Soup: Steak and Potato 21 Lunch: Fruit salad w/ yogurt & fruit OR Peanut Butter Banana Roll Ups Dinner: Salisbury Steak w/ onions and gravy OR Chicken Cordon Bleu w/ corn and mashed potatoes | Soup: Cream of Broccoli 22 Lunch: Pepperoni Pizza OR Roast Beef and Swiss on Rye w/ mustard Dinner: Banquet Burger w/ bacon & cheese OR Chicken Parmesan on a bun | Soup: Italian Wedding 23 Lunch: Pub style fish and chips OR BBQ Rib on a bun Dinner: Spaghetti and Meatballs OR Seafood Marinara | Soup: Shrimp Gumbo 24 Lunch: Rueben Sandwich w/ pickle OR Crispy chicken bacon club wrap w/ onion rings Dinner: Beef burgundy OR Grilled pollack w/ lemon dill butter sauce |
| <div><div><div>Soup: Loaded Baked Potato 25 Lunch: French toast OR Salmon salad sandwich Dinner: Roast turkey OR Cabbage rolls</div><div>31</div></div><div><div>Soup: Split Pea & Ham Lunch: Smoked salmon eggs benedict OR Ham & Swiss Dinner: Pot roast OR Lemon baked sole</div></div></div> | Soup: Chef's Choice 26 Lunch: Sausage and egg muffin w/ cheese OR boiled hotdog w/ hashbrown Dinner: Turkey Meatloaf w/ gravy OR Roast Chicken w/ Chalet sauce | Soup: Turkey and rice 27 Lunch: Pulled Pork on a bun OR Tuna melt on an English muffin Dinner: Hawaiian Pizza OR Open Face hot hamburger sandwich w/ gravy | Soup: Cream of celery 28 Lunch: Pierogis, onions, bacon w/ green onions & sour cream OR Fruit platter Dinner: Butter Chicken OR Sweet and sour meatballs | Soup: Tomato Basil 29 Lunch: Denver sandwich on WW OR Pizza Bagel w/ vegetable sticks Dinner: Souvlaki w/ tzatziki sauce OR Swiss steak w/ onions and gravy | Soup: Cream of Mushroom 29 Lunch: Fish nuggets w/ coleslaw and tartar OR Braised beef burrito Dinner: Shrimp and crab seafood quiche OR Ham steak and gravy | Soup: Vegetable Egg Drop 3 Lunch: Deli platter w/ devilled eggs, pickles, and cheese OR Chicken parmesan on a bun Dinner: Liver w/ onions and bacon OR Southern fried chicken drumsticks |